



NATIONAL COUNCIL *of*
URBAN INDIAN HEALTH

HIV AIDS

A NCUIH Resource Guide



COMPREHENSIVE TOOLKIT FOR UIOS



ABOUT NCUIH

The National Council of Urban Indian Health (NCUIH) is the national non-profit organization devoted to the support and development of quality, accessible, and culturally-competent health and public health services for American Indians and Alaska Natives (AI/AN) living in urban areas.

NCUIH is the only national representative of the 41 title V Urban Indian Organizations (UIOs) under the Indian Health Service (IHS) in the Indian Health Improvement Act (IHCA). NCUIH strives to improve the health of over 70% of the AI/AN population that lives in urban areas, supported by quality, accessible care centers.



DISCLAIMER

This resource is made possible by the Minority HIV/AIDS Fund through the Indian Health Service.



TABLE OF CONTENTS

About NCUIH	2
Disclaimer	3
Introduction	5
How to Use this Guide	6
HIV/AIDS OVERVIEW	7
The Basics	8
Current Data/Statistics	9
Topic-Based Resources	10
Clinical	11
Prevention	12
PrEP	13
Condoms/Safe Sex	14
Syringe Services	15
Testing	16
Treatment	17
Co-Morbidities	18
High-Risk Groups	19
Youth	20
2SLGBTQIA+	21
Injection Drug Users	23
Audience-Based	24
Providers	25
Prescribing PrEP	25
Working With AI/AN	26
Online Courses	27
UIOs	28
Testing	28
Harm Reduction	28
Treatment/Linkage to Care	29
Wellness	30
Social Media/Outreach	31
Patients	32
Audience-Based Resources	34
Funding Opportunities	35
Location Resources	36
Media Campaigns	37
Events	39
Organization Resource Lists	40
Contacts	41
Citations	43



INTRODUCTION

The HIV epidemic continues to affect millions of Americans every year. Of those affected, AI/ANs have the highest rate of undiagnosed cases compared to other racial/ethnic groups in the U.S.¹ AI/AN health data is consistently underestimated due to racial misclassification.² Lack of access to testing accounts for some of this disparity.³ According to the Urban Indian Health Institute (UIHI), only 21% of urban Natives have received UIO HIV testing services in their lifetime. This prevalence of undetected cases leads to increased risk of HIV-related death among AI/ANs. Despite these disparities, it can be difficult to find effective, high-quality, and culturally appropriate AI/AN HIV/AIDS resources. In order to alleviate some of this difficulty, we have created this resource toolkit. This guide is meant to be a working document. Just as HIV best practices change with new research and information, so will this guide. Please feel free to contact us with suggested updates and resources. This is meant to be a tool for you!

HOW TO USE THIS GUIDE



This document is intended to be a comprehensive compilation of relevant AI/AN HIV resources. We have prioritized the inclusion of resources from Native sources or have Native-focused content. Non-Native sources were included where links provide additional information or tools. In order to provide as many resources as possible without being overwhelming, we have organized the guide into several categories. First we provide links for a basic HIV/AIDS overview. Next, the guide is split into three major sections: topic-based resources, audience-based resources, and additional miscellaneous resources. We hope this will provide easy access to the different types of resources, so you can quickly find a source on HIV testing or to give to your clinic providers, for example. Due to this setup, many of the links are included more than once as there is overlap between the sections.

- ▶ Use the **Topic-Based** section to find resources for HIV prevention, testing, treatment, co-morbidities, youth, LGBTQ2S, and Injection Drug Users (IDUs).
- ▶ Use the **Audience-Based** section to find resources geared specifically toward your providers and patients. Every resource in this guide is included to be useful for a UIO audience. We hope this section will be helpful to identify resources to specifically pass on to your patients and providers.
- ▶ Use the **Additional Resources** section to find information on funding opportunities, media campaigns, events, location-based resources, contact information, and resource lists compiled by other organizations.
- ▶ In the **Contacts** section you will find HIV/AIDS hotlines, service locators, organization homepages and social media accounts, NCUIH's information.

Disclaimer

This guide contains some resources that are directed to Tribal Nations and/or IHS facilities. By including such items, we are hoping to bring urban communities into the I/T/U space of caring for all AI/AN populations.



HIV AIDS OVERVIEW

BASICS

AIDS

DATA

Tools for UIO Leadership, staff, providers, patients



THE BASICS

The following links from sources such as the Indian Health Service (IHS), the National Institutes of Health (NIH), and Centers for Disease Control and Prevention (CDC) provide information regarding HIV and AIDS definitions and an overview of trends within Indian Country

- ▶ **HIV/AIDS 101**: Website from the National Native AIDS Awareness Day site provides essential HIV facts including information on transmission, symptoms, and disease progression. Use this resource to enhance basic knowledge of HIV infection from a Native-focused source.
- ▶ **Fast Facts**: High-level overview two-page fact sheet of HIV/AIDS in Indian Country. The first page presents numeric data. The second page discusses AI/AN population challenges and measures that CDC is taking.
- ▶ **HIV in Indian Country**: four-page text-based National Indian Health Board (NIHB) brief on HIV and AIDS in Indian Country.
- ▶ **AI/AN HIV Fact Sheet**: NIHB fact sheet with a less exhaustive overview than above briefing.
- ▶ **Risk Factors**: Use this IHS webpage to learn about HIV risk factors that are particularly prevalent in Native communities.
- ▶ **IHS HIV**: IHS webpage with very brief description of the National HIV/AIDS Program mission and current data on HIV in Indian Country.
- ▶ **IHS Fact sheet**: Visually pleasing one-page handout with key facts and figures about HIV in Indian Country.
- ▶ **We R Native Fact Sheet**: We R Native is an online health source made by and for Native youth. This two-page fact sheet uses plain language to educate youth on HIV and their health.
- ▶ **CDC AI/AN HIV**: CDC AI/AN HIV fact sheet housed on the Urban Indian Health Institute (UIHI) website. This graphic-heavy handout is good for visual learners.
- ▶ **Let's Talk About HIV**: 30-second YouTube video from the National Portland Area Indian Health Board (NPAIHB) provides straightforward audiovisual HIV overview from a UIO.
- ▶ **NIH HIV Basics**: National Institute of Health (NIH) HIV overview. Use this resource when looking for an intermediate level of HIV knowledge from a science and research perspective.
- ▶ **HIV.gov HIV Basics**: Webpage with links to basic information about HIV prevention, testing, treatment, and living with HIV. The source uses a nationwide perspective.
- ▶ **EHE Slide deck**: 29 slides review scope of HIV in the U.S. and present overview of the Ending the HIV Epidemic Initiative.



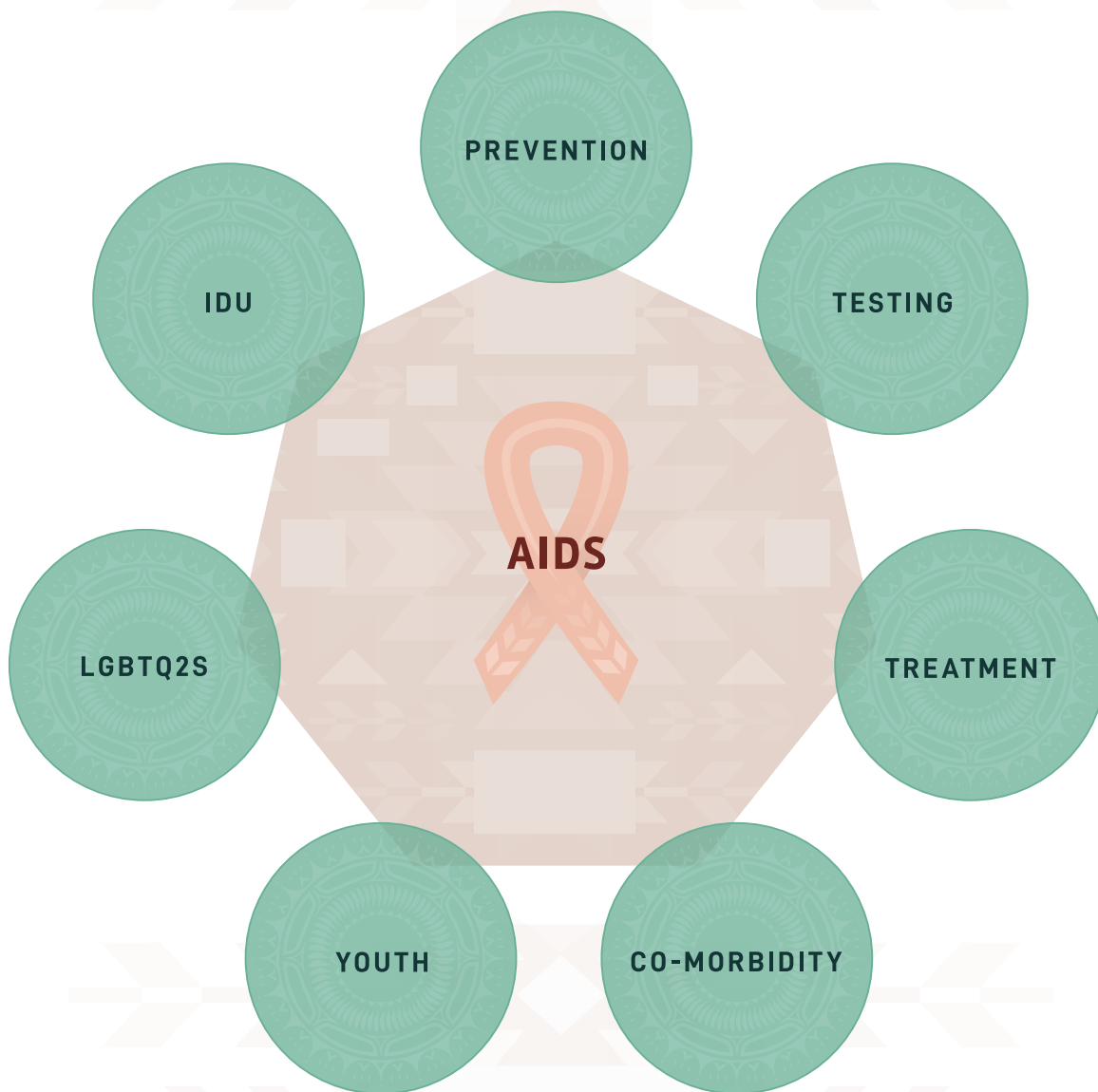
CURRENT DATA/STATISTICS

These resources provide the most up-to-date scientific data and population statistics of HIV/AIDS in the U.S. and Indian Country specifically

- ▶ **AI/AN HIV Data Update Video**: In this 2021 YouTube video, Rick Haverkate, the IHS Program Coordinator of the National HIV/AIDS Program, provides up-to-date CDC data on the status of HIV in Indian Country. This video is a helpful resource that consolidates and plainly explains recent data into a short eight-minute presentation.
- ▶ **IHS Statistics**: Webpage providing HIV Indian Country data up to 2017 presented in writing and graphics.
- ▶ **Office of Minority Health**: HHS Office of Minority Health webpage displaying 2019 CDC surveillance data in easy-to-read tables.
- ▶ **CDC AI/AN Statistics**: Webpage with concise overview of HIV, viral hepatitis, STDs, and TB in American Indians.
- ▶ **IHS World AIDS Day**: Webpage including updates about current HIV strategies, data, and media campaigns.
- ▶ **2018 Surveillance Report**: CDC 123-page 2018 HIV surveillance report. This resource is not population specific and should be used by those interested in population-wide epidemiology.
- ▶ **2020 Surveillance Report**: As of the creation of this toolkit in 2023, this webpage provides key findings from the most recently published (2020) CDC HIV Surveillance Report.
- ▶ **EHE Dashboard**: America's HIV Epidemic Analysis Dashboard (AHEAD) provides current and projected graphs of population data based on the goals of the Ending the HIV Epidemic (EHE) initiative.

TOPIC-BASED RESOURCES

Tools for UIO Leadership, staff, providers, patients





CLINICAL



PREVENTION

This section includes information regarding general prevention guidelines, prescribing PrEP, condoms, safe sex, and syringe service programs.

- ▶ **IHS Prevention Guidelines**: 82-page handbook on HIV/AIDS prevention in Native communities developed by HIV prevention experts with working experience in Native populations. The guidelines are intended for the development of culturally appropriate prevention programs.
- ▶ **Behavioral Screening**: IHS HIV risk behavior questionnaire and risk prevention plan for healthcare provider use.
- ▶ **Risk Reduction Checklist**: IHS risk reduction checklist with behavioral suggestions for HIV risk reduction.
- ▶ **Prevention Challenges**: Brief CDC overview of prevention challenges specific to Native populations.
- ▶ **Community Readiness Model**: 74-page Native HIV prevention manual from the Ethics Study Department at Colorado State University.
- ▶ **HIV Policy and Advocacy**: 17-page IHS sexual health advocacy and policy guide for tribal health advocates and decision makers.
- ▶ **Undetectable = Untransmittable**: 50-minute NNAAPC webinar on U=U prevention access campaign.
- ▶ **Evidence-Based Interventions**: NPAIHB toolkit on successful HIV prevention programs in AI/AN communities.



PrEP

- ▶ [IHS PrEP Guidelines](#): Customizable 4-page policy template for providing PrEP in I/T/U facilities.
- ▶ [PrEP Fact Sheet](#): We R Native FAQ style article providing basic information about PrEP for HIV prevention.
- ▶ [IHS PrEP Facts](#): Colorful one-page handout with information about the IHS Ready, Set, PrEP program. Those who sign up for the program may be eligible to get PrEP at no cost from a federal IHS facility.
- ▶ [PrEP Pocket Guide](#): A concise guide for providers prescribing PrEP for HIV prevention.
- ▶ [CDC PrEP Info Sheet](#): Simple one-page handout with limited text to inform patients regarding PrEP for HIV prevention.
- ▶ [CDC PEP Info Sheet](#): Simple one-page handout with limited text to inform patients regarding PEP for HIV prevention.
- ▶ [Advancing PrEP Uptake](#): 40-page toolkit created by NIHB for the purpose of increasing PrEP use in Indian Country.
- ▶ [PrEP Poster](#): A visual one-page UIHI poster about PrEP with key fast facts.
- ▶ [Let's Talk About HIV Prevention](#): Short 30-second HIV prevention YouTube video from NPAIHB highlighting PrEP.
- ▶ [Is PrEP Right for you](#): Short UIHI animated YouTube video using a case study example to determine if PrEP is right for you.
- ▶ [PrEP Navigator Training](#): 4-part online learning path from NPAIHB for prescribing PrEP to AI/AN patients.

CONDOMS/SAFE SEX

- ▶ **Condoms Fact Sheet**: We R Native fact sheet uses everyday language to educate Indigenous communities about condom use.
- ▶ **Condom Distribution**: CDC fast facts, scientific support, and implementation strategies for condom distribution.
- ▶ **Native It's Your Game 2.0**: Healthy Native Youth 30-50 minute interactive web-based HIV, STI, and pregnancy prevention curriculum for native youth.
- ▶ **I Know Mine**: Homepage for HIV/STD youth prevention program created by the Alaska Native Tribal Health Consortium (ANTHC).
- ▶ **Indigenizing Safe Sex**: 6-minute UIHI YouTube video featuring five Indigenous drag queens. The skit-style video focuses on Native sexual health and HIV prevention.
- ▶ **Prevention for LGBTQ2S**: We R Native short article with seven strategies for HIV/STD prevention in Native LGBTQ2S youth.





SYRINGE SERVICES

- ▶ **How to Clean Syringes**: One-page CDC hand out with easy-to-follow visual instruction on cleaning syringes.
- ▶ **Syringe Programs**: One-page visual handout with basic information regarding syringe exchange programs.
- ▶ **Syringe Exchange Toolkit**: 36-page module-based toolkit from the National Harm Reduction Coalition with policy and procedure guidelines and examples for developing a peer-delivered syringe exchange service.

TESTING

Resources in this section include toolkits, FAQ pages, videos, and more regarding testing locations, ordering self-test kits, and talking to your partner about testing.

- ▶ [Getting Tested](#): We R Native FAQ article for HIV testing.
- ▶ [Get Tested Playlist](#): YouTube playlist with We R Native videos on HIV and STI testing.
- ▶ [Get Tested Materials](#): Order form for NPAIHB's Get Yourself Tested campaign materials and posters.
- ▶ [How to Talk to Your Partner About Testing](#): Concise We R Native article with tips for discussing HIV testing with your partner.
- ▶ [Reporting HIV](#): UIHI best practices one-pager on reporting positive AI/AN HIV tests.
- ▶ [I Want the Kit](#): Website for ordering easy and confidential rapid HIV tests.
- ▶ [Find Testing](#): Enter your zip code, city, or state to get free and confidential HIV testing with CDC's Get Tested tool.
- ▶ [Testing Info Sheet](#): CDC one-page image and text-based handout with HIV testing basics.
- ▶ [Testing for Youth](#): We R Native is the only National health media platform made by and for Native youth. This article speaks about HIV testing for Natives under 18.
- ▶ [Know Your Status Poster](#): UIHI downloadable poster about getting tested.
- ▶ [Get Yourself Tested](#): CDC social media campaign and materials on all things STD testing.





TREATMENT

Resources include guidelines for physicians, medication information, and tips for those living with HIV.

- ▶ **Primary Care Guidelines**: Comprehensive 32-page guide developed for IHS primary care providers working with and treating native HIV positive adolescents and adults.
- ▶ **Primary Care Checklist**: IHS pocket guide reminder checklist for providing primary care to HIV patients.
- ▶ **HRSA Physician Treatment Guide**: 28-page handbook from the National Native American AIDS Prevention Center provides guidance to clinicians working with HIV positive AI/AN. The guide specifically focuses on important contextual historic and cultural information.
- ▶ **Working with AI/AN HIV Toolkit**: A toolkit developed by UIHI and Cardea to guide providers who work with and assess Native HIV patients.
- ▶ **Caring for AI/AN HIV Patients**: Healthcare provider 4-part online learning course for HIV care and sexual assessment in AI/AN communities.
- ▶ **HIV Medication Chart**: Chart including photographs of common HIV/AIDS pills with an attached medication schedule template for patients receiving HIV treatment.
- ▶ **Be Safe**: 119-page cultural competency model from the National Minority AIDS Education and Training Center for providers treating HIV positive AI/ANs.
- ▶ **Rural HIV/AIDS Toolkit**: Online toolkit with seven modules on HIV prevention and treatment in rural areas.
- ▶ **Provider Resources**: Resource list from the HRSA Ryan White HIV/AIDS Program for providers.
- ▶ **Federal Guidelines**: Official clinical guidance for those treating individuals with HIV.
- ▶ **Treatment as Prevention**: CDC one-page handout discussing the importance of getting started with and sticking to your prescribed HIV treatment.
- ▶ **Living With HIV**: CDC one-page handout answering common questions from those living with HIV.
- ▶ **Positive Wellness**: 43-page NNAAPC guide to the Positive Wellness HIV/AIDS counseling and linkage to care curriculum. Meant for those working with Native HIV individuals.



CO-MORBIDITIES

A comorbidity is a disease or medical condition that occurs at the same time as another condition.⁴ Those living with HIV are at a greater risk for developing comorbidities.⁵ AI/ANs face a disproportionate disease burden relative to the general U.S. population, with high rates of heart disease, cancer, and diabetes, to name a few.⁶ Thus, it is important to consider common comorbidities. Resources in this section discuss Hepatitis C, HPV, Tuberculosis, COVID-19, and Mpox.

- ▶ **Syndemic Strategy**: 149-page slide deck -- from NPAIHB and IHS, housed Indian Country ECHO -- presenting a prevention strategy for the coexisting HIV, STI, and viral hepatitis epidemics in Indian Country.
- ▶ **NIH HIV and Hep C**: Brief, science-focused webpage on HIV and Hepatitis C co-infection.
- ▶ **NIH HIV and Hep B**: Brief, science-focused webpage on HIV and Hepatitis B co-infection.
- ▶ **NIH HIV and TB**: Brief, science-focused webpage on HIV and Tuberculosis co-infection.
- ▶ **NIH HIV and STDs**: Brief, science-focused webpage on HIV and co-infection with other sexually transmitted diseases.
- ▶ **IDU and HIV Interview**: 2021 interview with IHS National HIV/AIDS Program Coordinator Rick Haverkate on injection drug use and HIV/Hep C in the Indian Health Service.
- ▶ **COVID-19 and HIV Guidance**: COVID-19 guidance from the Two Spirit Journal for those living with and treating patients with HIV.
- ▶ **Mpox and HIV**: CDC resources re Mpox and vaccines, PrEP, PEP and more.
- ▶ **HIV/AIDS Syndemic Strategy ECHO**: Hour-long grand rounds recording for I/T/U facilities to learn strategies to end the epidemic.
- ▶ **AI/AN Hep C and HIV**: 2-page Substance Abuse and Mental Health Services Administration (SAMHSA) handout on HIV and Hepatitis C in Native communities.
- ▶ **IHS HCV Guidelines**: Comprehensive customizable template made for Hepatitis C screening best practices at IHS facilities. Discusses heightened risks with HIV comorbidity.
- ▶ **COVID-19 and HIV**: 2-page UIHI handout and FAQ article with basic informational guidance on COVID-19 risk in those with HIV.
- ▶ **COVID-19 and High-Risk Individuals**: 2-page UIHI handout and FAQ article with Covid-19 risk information for high-risk individuals, including those with HIV.



HIGH-RISK GROUPS



YOUTH

Resources in this section are geared specifically toward youth. Your younger patients may benefit from these videos, fact sheets, curricula, and more made just for them

- ▶ **Testing for Youth**: We R Native is the only National health media platform made by and for Native youth. This article speaks about HIV testing for Native under 18.
- ▶ **Advocates for Youth**: Fact sheet discussing HIV in young AI/AN women.
- ▶ **Youth Activism**: We R Native article provides eight strategies for Native youth advocacy that can be applied to HIV advocacy or other causes.
- ▶ **Healthy Native Youth Curricula**: Website for tribal health educators, teachers, and parents containing various evidence-based and culturally competent health and wellness curricula for youth. Native It's Your Game 2.0: Healthy Native Youth 30-50 minute interactive web-based HIV, STI, and pregnancy prevention curriculum for native youth.
- ▶ **I Know Mine**: Homepage for HIV/STD youth prevention program created by the Alaska Native Tribal Health Consortium (ANTHC).
- ▶ **Washington Youth Sexual Health Project**: Webpage for Project Red Talon's Washington Youth Sexual Health Project, a partnership with the Washington State Department of Health (DOH) Youth Sexual Health Innovation Network. Site includes swag bags, downloadable social media materials, sexual health messaging tips, and more!
- ▶ **Youth Support Fact Sheet**: 3-page fact sheet containing contact information for youth support helplines and organizations, organized into categories such as abuse and sexual assault prevention, sexual health, drugs and alcohol, mental health, and more.
- ▶ **Talking is Power**: Healthy Native Youth talking about sexual health resources for parents and caring adults.
- ▶ **How Can Schools Support Adolescent Testing**: Two-page fact sheet discusses school support of adolescent HIV testing.
- ▶ **HIV by Age**: CDC page contains links to HIV data by age group, including youths.
- ▶ **Prevention for LGBTQ2S**: We R Native short article with seven strategies for HIV/STD prevention in Native LGBTQ2S youth.
- ▶ **Native Voices**: 23-minute Healthy Native Youth video and education series for LGBTQ2S youth intended to encourage HIV testing and condom use.
- ▶ **Exploring Sexuality**: Compiled list of resources for young Natives exploring their sexuality including toolkits, text message tips, and more!
- ▶ **Native Youth Sexual Health Network**: Organization homepage -- Indigenous sexual and reproductive health resources, projects

2SLGBTQIA+



This section includes resources geared specifically toward HIV/AIDS treatment and prevention for sexual and gender minorities due to their disproportionate rates of infection and death. Since the beginning of the epidemic in the 1980's 330,000 gay and bisexual men have died of AIDS.⁷ Most new infections occur in gay and bisexual men, with over half of all people infected with HIV being gay and bisexual men. In the U.S., 21.6% of transgender women are living with HIV.⁸

- ▶ [LGBTQ2S Health](#): NPAIHB's resources for LGBTQ2S health including blog posts, videos, podcasts, print materials, and more.
- ▶ [Exploring Sexuality](#): Compiled list of resources for young Natives exploring their sexuality including toolkits, text message tips, and more!
- ▶ [MSM HIV Overview](#): CDC overview of HIV in men who have sex with men.
- ▶ [MSM 2018 HIV Surveillance](#): CDC 2018 HIV surveillance data for men who have sex with men.
- ▶ [Addressing Two-Spirits](#): 41-page module-based curriculum for those who provide services to two spirit individuals and communities.
- ▶ [Celebrating Our Magic](#): 101-page toolkit from NPAIHB with resources for AI/AN 2spirit youth, their relatives, families, and clinicians.
- ▶ [Two Spirit Health Research](#): 44-page slide deck on best practices for conducting health research with Two Spirit populations.
- ▶ [All are Welcome](#): Oklahoma Indian Health Clinic expresses inclusive services for LGBTQ+ services and provides information for online support.
- ▶ [LGBTQ Friendly Care](#): Overview of services provided for LGBTQ patients at Native Health in Phoenix, Arizona.
- ▶ [Feeling Invisible](#): 22-slide presentation from the Albuquerque Indian Health Services LGBTQ Well-Being Education Webinar Series.
- ▶ [Tribal Equity Toolkit 2.0](#): 167-page toolkit intended to protect the Indian Country Two Spirit and LGBTQ community through suggestions regarding Tribal lawmaking.
- ▶ [Gender-Affirming Referrals](#): 2-page list of suggestions for ensuring referrals are culturally relevant and appropriate for Native Two Spirit patients.
- ▶ [Strategy Worksheet](#): Interactive worksheet with 20 questions and suggestions for evaluating and implementing culturally relevant services for gender diverse Indigenous and Two Spirit people.
- ▶ [Creating Programming Webinar](#): 3-hour online multimedia training for creating culturally relevant and gender-affirming services.
- ▶ [Two Spirit Directory](#): Comprehensive resource guide from the Two Spirit Journal including information regarding and links to various resources for Two Spirit individuals including support groups, trainings, toolkits, videos, films, books, Facebook groups, and more.
- ▶ [Working With LGBTQ2S Youth](#): Handout with resources regarding caring for Two Spirit youth in the child welfare system.



- ▶ **MMIWG2SLGBTQIA+ National Action Plan**: 100-page report outlining the findings from the 2LLGBTGGIA+ work group with short and long-term suggestions regarding services for this community.
- ▶ **Resource Guide**: 2-page guide listing articles, books, films, videos for the Indigenous Two Spirit Community.
- ▶ **Advocacy and Native On**: 20-slide presentation from the LGBTQ2 Wellbeing Education Series.
- ▶ **Two-Spirit Then and Now**: 50-slide presentation from the LGBTQ2 Wellbeing and Education Series.
- ▶ **Transgender Resources for Clinicians**: CDC list of resources for providers treating transgender patients including online webinars, toolkits, clinical guidelines, billing information, posters, and more.
- ▶ **Best Practices Guidelines**: 48-page toolkit from Target HIV on best practices for transgender HIV/AIDS services. 2015 U.S. Transgender Survey: Report on experiences from AI/AN respondents of the National Center for Transgender Equality's survey.
- ▶ **Uplifting the LGBTQ2s+ Community**: 1.5 hour webinar on how the cisgender and heterosexual communities can be more supportive.
- ▶ **Trans and Gender Affirming Care 2020**: Strategic Vision and Action Plan from NPAIHB for I/T/U facilities.
- ▶ **Indigenizing Safe Sex**: 6-minute UIHI YouTube video featuring five Indigenous drag queens. The skit-style video focuses on Native sexual health and HIV prevention.
- ▶ **Prevention for LGBTQ2S**: We R Native short article with seven strategies for HIV/STD prevention in Native LGBTQ2S youth.
- ▶ **Gay Men and Two Spirit HIV Issue Brief**: National Alliance of State and Territorial AIDS Directors (NASTAD) issue brief from 2013 highlights key HIV risk factors among Native LGBTQ2S individuals.
- ▶ **Native Voices**: 23-minute Healthy Native Youth video and education series forLGBTQ2S youth intended to encourage HIV testing and condom use.
- ▶ **We R Native, We R Proud**: Downloadable UIHI fact sheet with HIV prevention tips forLGBTQ2S individuals.



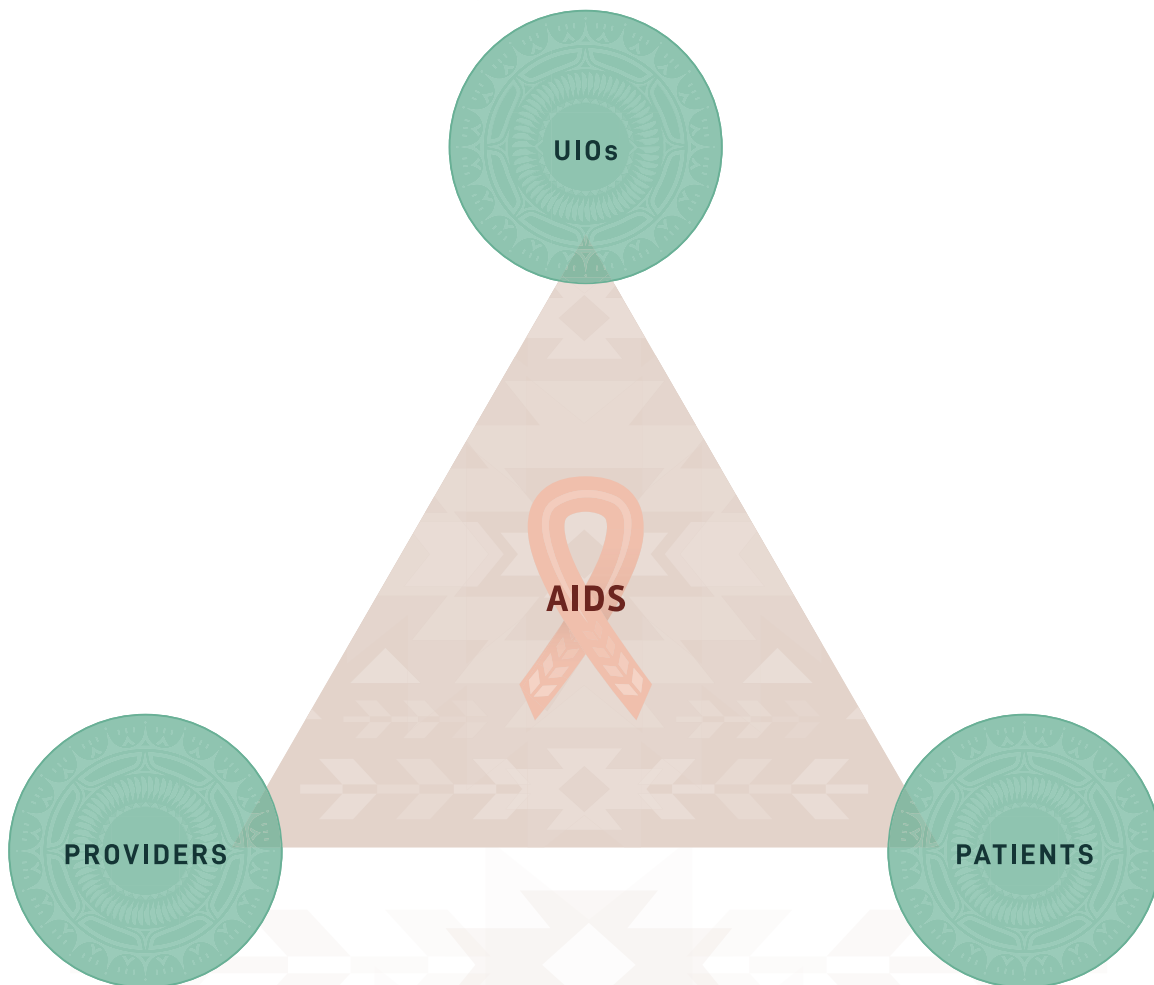
INJECTION DRUG USERS

According to IHS, in 2016 American Indian/Alaska Native men and women had the highest estimated rate of HIV infection from injection drug use compared to all other races and ethnicities.⁹ This section provides information regarding syringe service programs, cleaning syringes, destigmatizing language, and more.

- ▶ **IDU and HIV Interview**: 2021 interview with IHS National HIV/AIDS Program Coordinator Rick Haverkate on injection drug use and HIV/Hep C in the Indian Health Service.
- ▶ **HIV in Indigenous Women and Women IDU**: Five-page handout from Ontario HIV Treatment Network discussing HIV in Indigenous female IDU.
- ▶ **Destigmatizing Language**: Short one-page UIHI reflection on how to destigmatize language regarding trauma and injection drug users.
- ▶ **Working with Native IDUs**: Extensive 84-page toolkit geared toward providers working with Native injection drug users from the National Native American AIDS Prevention Center (NNAAPC).
- ▶ **CDC HIV and IDUs**: CDC overview of HIV and injection drug users.
- ▶ **2018 IDU HIV Surveillance**: 2018 CDC surveillance of HIV in injection drug users.
- ▶ **How to Clean Syringes**: One-page CDC handout with easy-to-follow visual instruction on cleaning syringes.
- ▶ **Syringe Programs**: One-page visual handout with basic information regarding syringe exchange programs.
- ▶ **Syringe Exchange Toolkit**: 36-page module-based toolkit from the National Harm Reduction Coalition with policy and procedure guidelines and examples for developing a peer-delivered syringe exchange service.
- ▶ **Indigenous Peoples Task Force Syringe Exchange**: Minnesota-based organization syringe exchange program.

AUDIENCE-BASED

Tools for UIO Leadership, staff, providers, patients



PROVIDERS



The Providers section contains resources that may be beneficial to the clinicians at your UIOs. There are informational guides regarding treating HIV+ patients and caring for AI/ANs. The section includes clinical information regarding prescribing PrEP and opportunities to sign up for educational online courses.

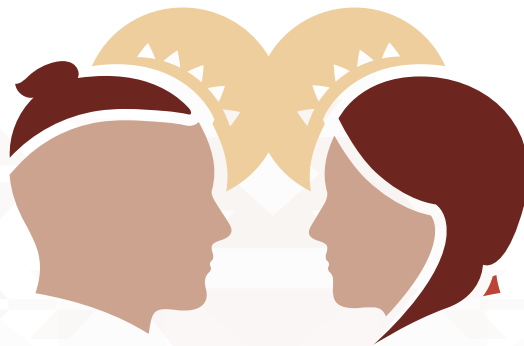
- ▶ **Behavioral Screening**: IHS HIV risk behavior questionnaire and risk prevention plan for healthcare provider use.
- ▶ **Primary Care Checklist**: IHS pocket guide reminder checklist for providing primary care to HIV patients.
- ▶ **HRSA Physician Treatment Guide**: 28-page handbook from the National Native American AIDS Prevention Center provides guidance to clinicians working with HIV positive AI/AN. The guide specifically focuses on important contextual historic and cultural information.
- ▶ **Caring for AI/AN HIV Patients**: Healthcare provider 4-part online learning course for HIV care and sexual assessment in AI/AN communities.
- ▶ **Be Safe**: 119-page cultural competency model from the National Minority AIDS Education and Training Center for providers treating HIV positive AI/ANs.
- ▶ **Provider Resources**: Resource list from the HRSA Ryan White HIV/AIDS Program for providers.
- ▶ **Federal Guidelines**: Official clinical guidance for those treating individuals with HIV.
- ▶ **National Clinician Consultation Center**: Online center where physician scan chat with experts about their HIV/AIDS questions.
- ▶ **Talk Test Treat**: CDC STD week resources and campaign materials for providers.
- ▶ **Digital Toolkit for Clinicians**: guidance, social media content, and other tools to enhance HIV digital outreach for providers.
- ▶ **Taking a Sexual History**: CDC tips for providers taking sexual histories from patients.
- ▶ **Mpox and HIV**: CDC clinical guidelines for treating Mpox patients with HIV.
- ▶ **Best Practices Guidelines**: 48-page toolkit from Target HIV on best practices for transgender HIV/AIDS services.
- ▶ **HIV ECHO Program**: Monthly sessions (2nd Wednesday @ 2pm PT) focused on management and treatment of HIV patients.
- ▶ **Destigmatizing Language**: Short one-page UIHI reflection on how to destigmatize language regarding trauma and injection drug users.

PRESCRIBING PREP

- ▶ **PrEP Navigator Training**: 4-part online learning path from NPAIHB for prescribing PrEP to AI/AN patients.
- ▶ **PrEP Pocket Guide**: A concise guide for providers prescribing PrEP for HIV prevention.

WORKING WITH AI/AN

- ▶ **Working with AI/AN HIV Toolkit**: A toolkit developed by UIHI and Cardea to guide providers who work with and assess Native HIV patients.
- ▶ **Caring for AI/AN HIV Patients**: Healthcare provider 4-part online learning course for HIV care and sexual assessment in AI/AN communities.
- ▶ **Rural HIV/AIDS Toolkit**: Online toolkit with seven modules on HIV prevention and treatment in rural areas.
- ▶ **Working with Native IDUs**: Extensive 84-page toolkit geared toward providers working with Native injection drug users from the National Native American AIDS Prevention Center (NNAAPC).
- ▶ **Addressing Two-Spirits**: 41-page module-based curriculum for those who provide services to two spirit individuals and communities.
- ▶ **Anti-Racism Training**: Online anti-racist education courses for Indigenous cultural safety.
- ▶ **Activities to Address HIV/AIDS in Indian Country**: Technical Assistance Report from the National Alliance of State and Territorial AIDS Directors (NASTAD).
- ▶ **HRSA Physician Treatment Guide**: 28-page handbook from the National Native American AIDS Prevention Center provides guidance to clinicians working with HIV positive AI/AN. The guide specifically focuses on important contextual historic and cultural information.
- ▶ **PrEP Navigator Training**: 4-part online learning path from NPAIHB for prescribing PrEP to AI/AN patients.



ONLINE COURSES

- ▶ **HIV ECHO Program**: Monthly sessions (2nd Wednesday @ 2pm PT) focused on management and treatment of HIV patients.
- ▶ **Indian Country TeleECHO Clinic**: One-page flyer detailing the HIV ECHO program for clinicians.
- ▶ **Ending the Syndemic Clinical Training**: Registration for free 4/25-26/23 Oklahoma City training conference for Indian Country clinicians combating HIV, Hepatitis C, Substance Use Disorder, and STIs.
- ▶ **PrEP Navigator Training**: 4-part online learning path from NPAIHB for prescribing PrEP to AI/AN patients.
- ▶ **Addressing Two-Spirits**: 41-page module-based curriculum for those who provide services to two spirit individuals and communities.
- ▶ **Anti-Racism Training**: Online anti-racist education courses for Indigenous cultural safety.





UIOs

While all resources provided in this guide are intended to benefit UIOs --either directly or indirectly through distribution to your stakeholders and patients -- these resources focus on successful creation and implementation of HIV-related programs. We hope these will be helpful guides for your own programs.

- ▶ **IHS Prevention Guidelines**: 82-page handbook on HIV/AIDS prevention in Native communities developed by HIV prevention experts with working experience in Native populations. The guidelines are intended for the development of culturally appropriate prevention programs.
- ▶ **Community Readiness Model**: 74-page Native HIV prevention manual from the Ethics Study Department at Colorado State University.
- ▶ **Evidence-Based Interventions**: NPAIHB toolkit on successful HIV prevention programs in AI/AN communities.
- ▶ **Syndemic Strategy**: 149-page slide deck -- from NPAIHB and IHS, housed Indian Country ECHO -- presenting a prevention strategy for the coexisting HIV, STI, and viral hepatitis epidemics in Indian Country.
- ▶ **EHE Implementation Blueprint**: 26-page handbook from the Native American Ending the HIV/AIDS Epidemic in New York State Advisory Group with strategies for implementing the EHE.
- ▶ **BE SAFE**: 123-page cultural competency model for AI/AN HIV prevention services.
- ▶ **HIV/AIDS Syndemic Strategy ECHO**: Hour-long grand rounds recording for I/T/U facilities to learn strategies to end the epidemic.

TESTING

- ▶ **Get Tested Materials**: Order form for NPAIHB's Get Yourself Tested campaign materials and posters.
- ▶ **Reporting HIV**: UIHI best practices one-pager on reporting positive AI/AN HIV tests.
- ▶ **IHS HCV Guidelines**: Comprehensive customizable template made for Hepatitis C screening best practices at IHS facilities. Discusses heightened risks with HIV comorbidity.

HARM REDUCTION

- ▶ **Condom Distribution**: CDC fast facts, scientific support, and implementation strategies for condom distribution.
- ▶ **Syringe Exchange Toolkit**: 36-page module-based toolkit from the National Harm Reduction Coalition with policy and procedure guidelines and examples for developing a peer-delivered syringe exchange service.
- ▶ **Starting a Syringe Service for Primary Care**: 28-page slide deck from NPAIHB and Cardea using a case study to discuss starting a syringe exchange harm reduction program.



TREATMENT/LINKAGE TO CARE

- ▶ **Positive Wellness**: 43-page NNAAPC guide to the Positive Wellness HIV/AIDS counseling and linkage to care curriculum. Meant for those working with Native HIV individuals.
- ▶ **Gender-Affirming Referrals**: 2-page list of suggestions for ensuring referrals are culturally relevant and appropriate for Native Two Spirit patients.
- ▶ **Gender-Affirming Strategy Worksheet**: Interactive worksheet with 20 questions and suggestions for evaluating and implementing culturally relevant services for gender diverse Indigenous and Two Spirit people.
- ▶ **Creating Programming Webinar**: 3-hour online multimedia training for creating culturally relevant and gender-affirming services.
- ▶ **Compendium of Interventions to Mitigate HIV Disparities**: Detailed explanation of 15 HIV services to "promote and inspire the replication of effective interventions among HIV care providers to mitigate HIV-related disparities.
- ▶ **Engaging Hard-to-Reach Populations**: 44-page training manual on engaging those living with HIV into care.

WELLNESS

- ▶ **Healthy Native Youth Curricula**: Website for tribal health educators, teachers, and parents containing various evidence-based and culturally competent health and wellness curricula for youth.
- ▶ **Talking is Power**: Healthy Native Youth talking about sexual health resources for parents and caring adults.
- ▶ **Positively Native**: UIHI anti-stigma campaign including a 12-minute video of personal narratives, a facilitator guide, discussion presentation, and Partner Toolkit with tips for promoting the campaign on social media.
- ▶ **Pride-In-A-Box Toolkit**: CDC 31-page toolkit for developing HIV engagement activities during pride month.
- ▶ **Help End HIV Stigma**: CDC recommendations for what organization scan do to help end HIV stigma.
- ▶ **Activities to Address HIV/AIDS in Indian Country**: Technical Assistance Report from the National Alliance of State and Territorial AIDS Directors (NASTAD).
- ▶ **HIV Resource Hub**: Indian Country ECHO resources including videos, stories, PSAs, provider trainings, toolkits, handouts, and more.
- ▶ **HOPE Rising**: Inspirational success story of Gallup Indian Medical Center's successful Navajo Nation HIV program.



SOCIAL MEDIA/OUTREACH

- ▶ **HIV Social Media Toolkit**: Toolkit made by NIHV to guide the development of HIV-related social media in Native communities.
- ▶ **HIV Policy and Advocacy**: 17-page IHS sexual health advocacy and policy guide for tribal health advocates and decision makers.
- ▶ **AI/AN Proposal Development**: 86-page toolkit with guidance on writing grant proposals for stakeholders in AI/AN communities.



PATIENTS



This includes ready-to-use resources directly for your patients. Examples include links to order HIV testing kits, fact sheets, prescription discounts, and more.

- ▶ **[Ask Nurse Lisa](#)**: Online question submission form to the clinical staff of Alaska Native Tribal Health Consortium
- ▶ **[Bedsider](#)**: Website with articles and resources regarding sexual health, birth control, and more!
- ▶ **[Indigenous Peoples Taskforce](#)**: HIV webpage for organization serving AI/ANs in Minnesota. Testing, PrEP, syringe exchange, housing, etc.
- ▶ **[I Want the Kit](#)**: Website for ordering easy and confidential rapid HIV tests.
- ▶ **[We R Native Fact Sheet](#)**: We R Native is an online health source made by and for Native youth. This two-page fact sheet uses plain language to educate youth on HIV and their health.
- ▶ **[IHS PrEP Facts](#)**: Colorful one-page handout with information about the IHS Ready, Set, PrEP program. Those who sign up for the program maybe eligible to get PrEP at no cost from a federal IHS facility.
- ▶ **[Risk Reduction Checklist](#)**: IHS risk reduction checklist with behavioral suggestions for HIV risk reduction.
- ▶ **[Is PrEP Right For You](#)**: Short UIHI animated YouTube video using a case study example to determine if PrEP is right for you.
- ▶ **[Condoms Fact Sheet](#)**: We R Native fact sheet uses everyday language to educate Indigenous communities about condom use.
- ▶ **[How to Clean Syringe](#)**: One-page CDC handout with easy-to-follow visual instruction on cleaning syringes.
- ▶ **[Native It's Your Game 2.0](#)**: Healthy Native Youth 30-50 minute interactive web-based HIV, STI, and pregnancy prevention curriculum for native youth.
- ▶ **[Indigenizing Safe Sex](#)**: 6-minute UIHI YouTube video featuring five Indigenous drag queens. The skit-style video focuses on Native sexual health and HIV prevention.
- ▶ **[How to Talk to Your Partner About Testing](#)**: Concise We R Native article with tips for discussing HIV testing with your partner.
- ▶ **[Find Testing](#)**: Enter your zip code, city, or state to get free and confidential HIV testing with CDC's Get Tested tool.
- ▶ **[HIV Medication Chart](#)**: Chart including photographs of common HIV/AIDS pills with an attached medication schedule template for patients receiving HIV treatment.
- ▶ **[Treatment as Prevention](#)**: CDC one-page handout discussing the importance of getting started with and sticking to your prescribed HIV treatment.
- ▶ **[COVID-19 and HIV](#)**: 2-page UIHI handout and FAQ article with basic informational guidance on COVID-19 risk in those with HIV.
- ▶ **[COVID-19 and High-Risk Individuals](#)**: 2-page UIHI handout and FAQ article with COVID-19 risk information for high-risk individuals, including those with HIV.

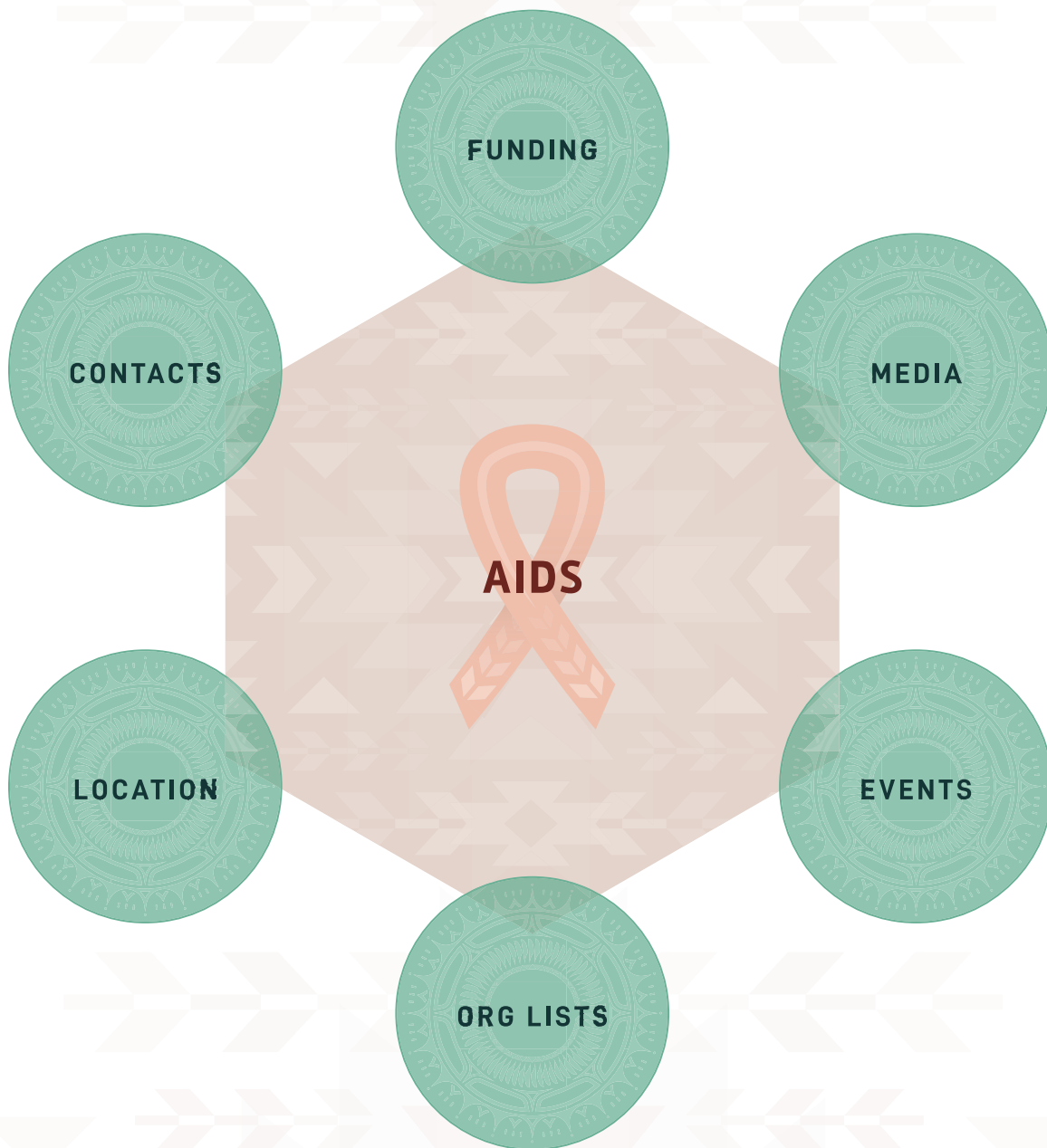


- ▶ **Washington Youth Sexual Health Project**: Webpage for Project Red Talon's Washington Youth Sexual Health Project, a partnership with the Washington State Department of Health (DOH) Youth Sexual Health Innovation Network. Site includes swag bags, downloadable social media materials, sexual health messaging tips, and more!
- ▶ **Together TAKEMEHOME**: Order free HIV test kits here!
- ▶ **Youth Support Fact Sheet**: 3-page fact sheet containing contact information for youth support helplines and organizations, organized into categories such as abuse and sexual assault prevention, sexual health, drugs and alcohol, mental health, and more.
- ▶ **Living With HIV**: CDC one-page handout answering common questions from those living with HIV.
- ▶ **Prevention for LGBTQ2S**: We R Native short article with seven strategies for HIV/STD prevention in Native LGBTQ2S youth.
- ▶ **Native Voices**: 23-minute Healthy Native Youth video and education series for LGBTQ2S youth intended to encourage HIV testing and condom use.
- ▶ **Exploring Sexuality**: Compiled list of resources for young Natives exploring their sexuality including toolkits, text message tips, and more!
- ▶ **We R Native, We R Proud**: Downloadable UIHI fact sheet with HIV prevention tips for LGBTQ2S individuals.
- ▶ **LGBTQ2S Health**: NPAIHB's resources for LGBTQ2S health including blog posts, videos, podcasts, print materials, and more.
- ▶ **American Indian Community House**: Website homepage for a nonprofit that serves AI/ANs in New York City.
- ▶ **Indigenous Peoples Task Force Syringe Exchange**: Minnesota-based organization syringe exchange program.
- ▶ **Memes**: Culturally relevant safer sex memes from the Native Youth Sexual Health Network.
- ▶ **BuzzRx**: Partner with NCUIH and Buzzrx to get a FREE prescription discount card!

See **page 41** for patient hotlines and service locators.

AUDIENCE-BASED RESOURCES

Tools for UIO Leadership, staff, providers, patients



FUNDING OPPORTUNITIES



This section includes guidance on receiving funding, specific opportunities for UIO to receive funding, and other organizations' compiled lists of opportunities.

- ▶ [CDC HIV Funding and Budget](#): Webpage with applications to current and ongoing funding opportunities.
- ▶ [Federal Funding for HIV/AIDS](#): Contains opportunities from federal agencies including CDC, NIH, SAMHSA, USAID, ACF, and HRSA.
- ▶ [NIH HIV/AIDS Funding](#): Funding for HIV/AIDS research.
- ▶ [Rural Health Information Hub](#): List of various HIV funding opportunities with funder information.
- ▶ [AIDS Funding Collaborative](#): Overview of various grants with links to required documents.
- ▶ [University of Washington/Fred Hutch Center for AIDS Research](#): List of CFAR funding and grants for underrepresented investigators.
- ▶ [Miami-Dade HIV/AIDS Partnership](#): Grant opportunities listed from newest to oldest.
- ▶ [AIDSfunds](#): Various COVID-19 and HIV funding opportunities.
- ▶ [Target HIV](#): HRSA HUB notice of funding opportunities (NOFO) list
- ▶ [NIHB](#): List of funding opportunities from the National Indian Health Board. Grants are not specific to HIV/AIDS.
- ▶ [IHS 2022 Announcements](#): Archive of all IHS funding opportunities listed in 2022. Not specific to HIV/AIDS.
- ▶ [Integrated Care](#): NIH, HHS, and National Institute on Drug Abuse grant listing for those implementing "New Models of Integrated HIV/AIDS, Addiction, and Primary Care Services."
- ▶ [California Tribal Grants](#): Funding opportunities for California Tribal governments and entities, not specific to HIV/AIDS.
- ▶ [UIHI Community Grants Program](#): List of urban Indian funding opportunities from the Urban Indian Health Institute, not specific to HIV/AIDS.
- ▶ [United South and Eastern Tribes Inc.](#): Funding opportunities organized by deadline dates.
- ▶ [NIH Vulnerable Populations](#): Research grant on HIV barriers to care and comorbidities among vulnerable populations, runs through May 2025.
- ▶ [NIH AI/AN Health](#): Ongoing research grant to improve Native American health.
- ▶ [Health and Human Services](#): 5 HHS funding opportunities for Native Americans. Applications due March 31, 2023. Not HIV/AIDS specific.
- ▶ [Federal Grants](#): Online portal for all federal grants. Includes but is not specific to HIV and AI/AN grants.
- ▶ [Grant Writing Tips](#): General tools from the CDC for writing grant applications.
- ▶ [IHS Scholarships](#): Presentation slide deck over of IHS scholarship programs for AI/ANs studying to work in the medical field. Apply here.
- ▶ [NCUIH Funding Page](#): Current opportunities not necessarily specific to HIV/AIDS.



LOCATION RESOURCES

This section contains resources that are specific to certain states, regions, and cities. Included resources range in topics. Links include site success stories, organization homepages, facts sheets, and more. Resources can be found for the following locations: Wisconsin, South Dakota, New York City, New York State, Minnesota, Minneapolis, Oregon, Phoenix, Michigan, and Alaska.

- ▶ [AI/AN HIV in Oregon](#): 2-page fact sheet with statistics on HIV in Oregon AI/ANs.
- ▶ [HIV Care Excellence Phoenix](#): Short IHS blog article discussing the HIV Center of Excellence at the Phoenix Indian Medical Center.
- ▶ [EHE Implementation Blueprint](#): 26-page handbook from the Native American Ending the HIV/AIDS Epidemic in New York State Advisory Group with strategies for implementing the EHE.
- ▶ [Talking Circles](#): Results from 2018 focus groups conducted to gain knowledge on AI/AN community HIV/AIDS needs in Minnesota.
- ▶ [Michigan Department of Health and Human Services Native American Affairs](#): Homepage for Native American Affairs in Michigan, specific to health but not specific to HIV
- ▶ [Indigenous Peoples Task Force Syringe Exchange](#): Minnesota-based organization syringe exchange program.
- ▶ [Alaska HIV Test Kit](#): Those living in the state of Alaska can order a free HIV testing kit here.
- ▶ [Alaska Stigma Index Project](#): PowerPoint slide deck presentation from ANTHC research findings on AI/AN HIV stigma in Alaska.
- ▶ [HIV in Wisconsin](#): 2-page overview of HIV in Wisconsin AI/ANs.
- ▶ [South Dakota Urban Indians](#): PowerPoint slide deck from the South Dakota Urban Indian Health Center's (SDUIHC) presentation at the 2011 IHS HIV conference. Contains highlights regarding HIV testing.
- ▶ [American Indian Community House](#): Website homepage for a nonprofit that serves AI/ANs in New York City.
- ▶ [NACC Minneapolis](#): Success story article of the Native American Community Clinic (NACC) control of an AI/AN HIV outbreak in Minnesota.

MEDIA CAMPAIGNS



Results from a 2022 study on social media COVID-19 messaging for AI/ANs suggest “the use of interactive events, instructional graphics, and Indigenous humor are promising practices to engage community members, potentially opening audiences to receiving important and time-sensitive guidance.”¹⁰ Please use these social media campaigns and educational materials to distribute to your patients, promote on your own social media accounts, and guide creation of your own campaigns. Topics include HIV transmission, stigma, testing, prevention, misconceptions, personal narratives, and more.

- ▶ [IHS List](#): IHS compilation of multiple Native HIV-related media campaigns.
- ▶ [You Can Poster](#): Downloadable UIHI poster dispelling common myths about HIV transmission.
- ▶ [Know Your Status Poster](#): UIHI downloadable poster about getting tested.
- ▶ [Ending the Stigma Poster](#): Downloadable UIHI poster which corrects common HIV misconceptions that lead to community stigma.
- ▶ [Positively Native](#): UIHI anti-stigma campaign including a 12-minute video of personal narratives, a facilitator guide, discussion presentation, and Partner Toolkit with tips for promoting the campaign on social media.
- ▶ [Ending the HIV Epidemic](#): Overview of the U.S. government's Ending the HIV Epidemic (EHE) campaign.
- ▶ [Our Story](#): 5-minute video that uses personal narrative to discuss HIV in Native Hawaiian communities.
- ▶ [Project Red Talon](#): Overview of NPAIHB's initiative to fight HIV/AIDS/STIs in Northwestern Native communities. The page contains current data, trainings, relevant articles, organization history, and more!
- ▶ [NNHAD PSAs](#): Public services announcement recordings from National Native HIV/AIDS Awareness Day 2011-2017.
- ▶ [HIV Social Media Toolkit](#): Toolkit made by NIHV to guide the development of HIV-related social media in Native communities.
- ▶ [Ending Stigma Video](#): 30-second animated YouTube video from NPAIHB on ending HIV community stigma.
- ▶ [Native Awareness Day Archive](#): Downloadable graphics and print materials from past National Native HIV/AIDS Awareness Days through 2021.
- ▶ [Tips for HIV Social Media](#): Facebook live video with tips on using digital media for HIV advocacy. Not Native-specific.
- ▶ [Social Marketing Campaigns](#): NPAIHB webpage containing graphics, logos, fact sheets, trainings and more for eleven Native health focused initiatives including suicide and sexual assault prevention and HIV/STD testing.
- ▶ [Get Yourself Tested](#): CDC social media campaign and materials on all things STD testing.
- ▶ [STD Campaign Toolkit](#): CDC toolkit for preparing an STD week campaign.
- ▶ [Memes](#): Culturally relevant safer sex memes from the Native Youth Sexual Health Network.
- ▶ [NYSHN Toolkits](#): Links to five downloadable toolkits on topics including two spirit health and Indigenous sexual health.
- ▶ [GIPHY Sticker Toolkit](#): CDC instructions for accessing HIV social media stickers.



- ▶ **CDC HIV Social Media Toolkits**: Digital materials included regarding treatment, prevention, pride, stigma, and more!
- ▶ **#StartTalking Campaign**: CDC campaign poster geared to AI/ANs.
- ▶ **National Native HIV/AIDS Awareness Day**: CDC suggested social media graphics and language for posting on NNHAAD.
- ▶ **CDC YouTube**: CDC's HIV/AIDS and STDs YouTube playlist.
- ▶ **EHE Community Engagement Listening Session**: Summary sheet of themes and updates from HRSA's 2021 sessions.

EVENTS

Awareness Days

- ▶ [National Native HIV/AIDS Awareness Day \(NNHAAD\)](#)
- ▶ [All National HIV Awareness Days](#)
- ▶ [NIHB Awareness Day Activity Sheet](#)
- ▶ [UIHI NNHAAD Twitter Highlights](#)
- ▶ [CDC NNHAAD Page](#)
- ▶ [American Psychological Association NNHAAD Page](#)
- ▶ [Awareness Day Event Planning Guide](#)



NCUIH Events

- ▶ [Red Ribbon Campaign CoL Series Recordings and Resources](#)
- ▶ [11/29/22 HIV P2PSC Recording](#)
- ▶ [2019 HIV IHS Listening Session](#)
- ▶ [2020 HIV IHS Listening Session](#)
- ▶ [Nurturing the Three Sisters CoL Series Recordings and Resources](#)
- ▶ [2023 Annual Conference](#)



ORGANIZATION RESOURCE LISTS

Much like this toolkit, many HIV and Native-serving organizations house their own comprehensive lists of helpful resources on their websites. Please see the hyperlinks below to access some such lists



CONTACTS



Hotlines

National HIV Telephone Consultation Service (clinicians' warmline): **1-800-933-3413**

National Clinicians' Post-Exposure Prophylaxis Hotline (PEpline): **1-888-HIV-4911**

National Perinatal HIV Consultation and Referral Service: **1-888-448-8765**

PrEpline: **1-855-448-7737**

CDC-INFO: **800-CDC-INFO (800-232-4636)**

HIVinfo: **1-800-HIV-0440 (448-0440)**

NIH HIV: **800-448-0440**

Planned Parenthood: **1-800-230-7526**

We R Native, Sexual Health: **Text "SEX" to 94449**

24/7 Crisis Text Line: **Text "NATIVE" to 741741**

Suicide and Crisis Lifeline: **Dial or Text 988**

Strong Hearts Native Helpline: **Call, text, or chat 1-844-7NATIVE (7628483)**

National Sexual Assault Hotline Call: **(24/7): 1-800-656-HOPE**

National Teen Dating Abuse Helpline Call (24/7): **1-866-331-9474; TEXT: "LOVEIS" to 22522**

National Institute on Drug Abuse for Teens: **1-800-662-HELP**

Get the Facts About Drugs: Just Think Twice: **Call 1-855-378-4373; Text 55753**

Substance Abuse Hotline (clinicians): **1-855-300-3595**

National Drug Information Treatment & Referral Hotline: **1-800-662-4357**

Mental Health America: **Call 1-800-969-6642; Text MHA 741 741**

Teens Helping Teens: **Call 1-800-852-8336; Text "YLNATIVE" to 839 863**

We R Native: My Mind: **Text "CARING" to 65664**

Caring Messages - to remind you of how awesome you are! **Text "CARING" or "COLLEGE" to 65664**

Text "NATIVE" to 94449 for health and wellness tips

Love is Respect Call (24/7): **m 1-866-331-9474; Text "LOVEIS" to 22522**

Paths (Re)Membered Project: **Text "2SLGBTQ" or "ALLY" to 94449**

Text "SEX" to 94449 to get tips and resources to protect your sexual health

The Trevor Project Call (24/7): **1-866-488-7386; Text "START" to 678 678**

Trans Lifeline: **1-877-565-8860**

IHS List: [Multiple hotlines listed on IHS website](#)

State List: [HIV hotlines for every state](#)

Youth List: [Handout with youth focused hotlines](#)

Service Locators

[CDC Service Locator](#)

[IHS Clinic Finder Map](#)

[Find HIV Services Near You](#)

[Ryan White Provider Map](#)



<p>Homepages</p>	<p><u>IHS</u> <u>CDC</u> <u>NIH</u> <u>HIV.gov</u></p>	<p><u>UIHI</u> <u>NIHB</u> <u>NNHAAD</u> <u>NNAAPC</u></p>	<p><u>HHS</u> <u>SAMHSA</u> <u>VA</u> <u>NCUIH</u></p>
<p>Socials</p>	<p>Instagram @urbanindianhealthinstitutue @wernative @healthynativeyouth @nnhaad @nnaapc @nihb1 @cdcgov @hivgov @nihgov @samhsagov @deptvetaffairs</p>	<p>Twitter @weRnative @TheUIHI @HealthyN8Vyouth @NativeHIV @NIHB1 @NNAAPC @IHSgov @HIVGov @CDCgov @NIH @samhsago @DeptVetAffairs</p>	<p>Facebook National Council of Urban Indian Health (NCUIH) We R Native Urban Indian Health Institute Healthy Native Youth Indian Health Service National Native American AIDSPrevention Center National Native HIV/AIDS Awareness Day (NNHAAD) National Indian Health Board CDC National Institutes of Health (NIH) HIV.gov SAMHSA U.S. Department of Veterans Affairs</p>
<p>NCUIH</p>	<p>National Council of Urban Indian Health 1 Massachusetts Avenue NW Suite 800-D Washington DC 20001</p>	<p>202.544.0344 Instagram: @urbanindianhealth Twitter: @NCUIH_Official</p>	<p><u>Contact Form</u> <u>TA Request Form</u> <u>Newsletter</u></p>

CITATIONS

- 1 https://www.ihs.gov/sites/newsroom/themes/responsive2017/display_objects/documents/HIV-Funding-PressRelease09272022.pdf
- 2 <https://www.ihs.gov/hiv aids/clinicalinfo/riskfactors/>
- 3 Urban Indian Health Institute. Urban Indian HIV and AIDS [website]. Available at www.uihi.org/projects/urban-indian-hiv-and-aids/
- 4 https://www.myhivteam.com/resources/hiv-and-aging-4-problems-to-watch-for?gclid=EAlaIqobChMlsvGJkNe4_glVTebjBx0RkAfMEAAYASAAEgLluvD_BwE
- 5 https://www.myhivteam.com/resources/hiv-and-aging-4-problems-to-watch-for?gclid=EAlaIqobChMlsvGJkNe4_glVTebjBx0RkAfMEAAYASAAEgLluvD_BwE
- 6 <https://www.ihs.gov/newsroom/factsheets/disparities/>
- 7 <https://www.cdc.gov/nchhstp/newsroom/docs/factsheets/cdc-msm-508.pdf>
- 8 <https://www.hrc.org/resources/transgender-people-and-hiv-what-we-know>
- 9 HIV/AIDS statistics: HIV. HIV/AIDS. Retrieved March 22, 2023, from <https://www.ihs.gov/hiv aids/stats/>
- 10 Weeks R, White S, Hartner AM, et al. COVID-19 messaging on social media for American Indian and Alaska Native communities: thematic analysis of audiencereach and web behavior. Journal of Medical Internet Research Infoepidemiology2022;2(2):e38441



NCUIH

NATIONAL COUNCIL *of* URBAN INDIAN HEALTH

