



Culturally Inclusive HealthCare

Intergenerational Trauma to Intergenerational Healing

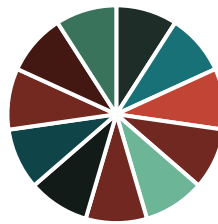
- Removal from the family environment
- Boarding Schools
- Incarcerations
- Social Services
- Substance Use

NCUIH's Traditional Healing Meta-Analysis Report presented during this webinar will be published and found on the NCUIH website soon!

<https://ncuih.org/research/third-party-billing/>

<https://ncuih.org/krc/benefits-of-native-traditional-healing/>

Cultural Methods for Healing



- Red Road/ Wellbriety
- Positive Indian Parenting
- Cultural Arts
- Gardening
- Talking Circles
- Healthy Relationships
- Songs and Drumming
- Keeping Families Together
- Smudging and Prayer
- GONA (Gathering of Native Americans)
- Sweat Lodge Ceremony

Meet Clients Where They Are At



- Strengthens perspective.
- Person First Perspective
- 12 Step Meetings
- Mindfulness Based Relapse Prevention
- Harm Reduction Viewpoint
- Compassion and Empathy
- Living in Balance Curriculum

Assuring Client Success Via Integrated Health Model

- Intergeneration Healing benefit of whole family treatment in substance use disorder services.
- Evidenced Based Practices combined with Native Culturally Appropriate Practices
- Trauma informed, person centered care.

