



Motivational Interviewing Skills for Vaccine Confidence ➡➡➡➡➡

Motivational Interviewing is a communication technique used by healthcare providers that is **patient-centered, collaborative, non-judgmental, and empathetic**. This helps encourage patients to make **positive health behavior changes**. OARS are core communication skills frequently utilized in motivational interviewing approaches that can facilitate positive interactions and rapport building with patients.

O.A.R.S. Skills for Healthcare Providers

