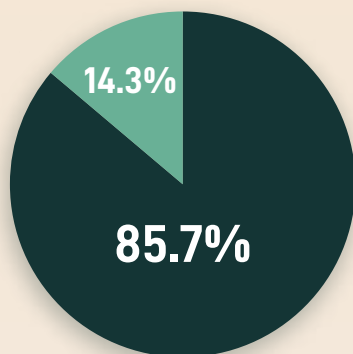


Housing, Transportation, & Food Challenges: *Perspectives from California Urban Indian Organizations*

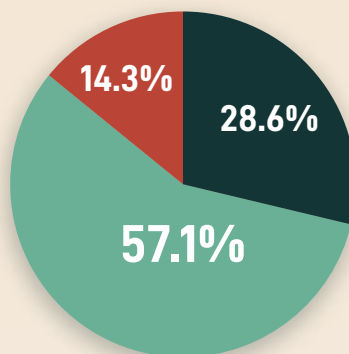
Social Determinants of Health (SDOH) are the conditions in which people live that can affect a wide range of health outcomes¹, and Urban Indian Organizations (UIOs) play a key role in addressing SDOH in the populations they serve. The National Council of Urban Indian Health disseminated a survey in winter 2025-2026 and gained insights from seven California UIOs on three key challenges related to SDOH: housing insecurity, transportation barriers to care, and food insecurity.

How prevalent is each challenge in the populations served by respondents?

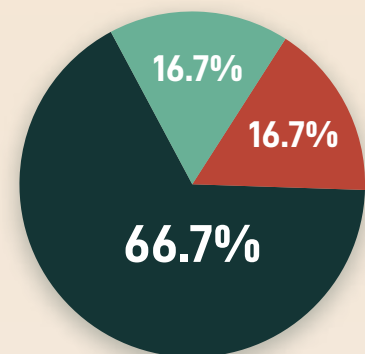
Housing Insecurity



Transportation Barriers to Care



Food Insecurity



■ High Prevalence ■ Moderate Prevalence ■ Low Prevalence ■ No Prevalence

Common barriers affecting the populations served by respondents included:

Insufficient space and culturally competent staff at housing facilities

Inaccessible options for public transportation or rideshares

Inadequate healthy food options in food deserts and food swamps

Over **83%** of respondents feel successful in addressing each of these three key challenges through services such as:

Referral to local public social services, transitional housing, and shelters

Telehealth services and patient transportation

Community gardens, food pantries, and nutrition education programs

[Read the full report: ncuih.org/sdoh2026](https://ncuih.org/sdoh2026)

References

1. Healthy People 2030. (n.d.). *Social Determinants of Health*. Office of Disease Prevention and Health Promotion, Office of the Assistant Secretary for Health, Office of the Secretary, U.S. Department of Health and Human Services. <https://odphp.health.gov/healthypeople/priority-areas/social-determinants-health>.