New Mental Health App for Native Veterans

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The Department of Veterans Affairs has launched the Veterans Wellness Path app, created with input from Native American and Alaska Native Veterans. The app supports the transition from military service to home and offers tools to strengthen balance and connection with self, family, community, and environment. Features include daily check-ins, wellness tips, and support for issues like PTSD. Developed by VA's Office of Rural Health in partnership with the National Center for PTSD's Mobile Mental Health Program, the app is available to any Native Veteran seeking mental health support.





