## Join the NCUIH Youth Council's Indigi-Wellness Healer Campaign!

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Koolamaski/ Hello my name is Faith Bowman. I am from the Stockbridge-Munsee Band of Mohican Nation in Wisconsin and I am currently a graduate student at the University of Utah. am here as an alumni of the <u>NCUIH Youth Council</u> and to share with you the amazing work the 2020 Youth Council has been doing.

First, I want to say Anushiik, Yaw<sup>ko</sup>, and give many thanks to all who participated in the Healing Gathering. The 2020 youth council is dedicated to helping Urban Native youth in their cultural, spiritual, and wellness journey. This year's focus is on healthy relationships and indigenous love and overall wellness. As Native youth continue to struggle with wellness challenges because of COVID-19, NCUIH's youth council wants to create a platform that amplifies youth voices and stories to the national level through its Indigi-Wellness Healer Campaign.

## Join the Indigi-Wellness Healer Campaign

NCUIH's Youth Council is excited to share that the Indigi-Wellness Healer Campaign. The Indigi-Wellness Healer Campaign is a social media campaign By Native Youth FOR Native Youth consisting of two hashtag themes- #NativeHealing and #IndigiLove- to express the importance of mental & physical wellness and healthy Native relationships, especially during the coronavirus pandemic.

Anushiik (Thank you)!

## Click on the links below for more information

Visit Campaign Website to Download Toolkit, Create/Submit your Post & Win Amazing Prizes Enter the Indigi-Wellness Healer Campaign Social Media Raffle and/or Concept Contest by August 20, 2020 @ 11:59 PM ET to win prizes from WE R NATIVE, Healthy Native Youth, United National Indian Tribal Youth, Inc (UNITY), the Center for Native American Youth and more! <u>RSVP to Indigi-Wellness Healer Campaign</u>