## **NCUIH Youth Council: Meet Faith Bowman**

Category: News

written by NCUIH | July 18, 2019

Koolamaski/ Hello my name is Faith Bowman. I am from the Stockbridge-Munsee Band of Mohican Nation in Wisconsin and I am a member of the Inaugural Youth Council for the National Council of Urban Indian Health.

What is the NCUIH Youth Council? We are council dedicated to reducing substance abuse and suicidal burden among Native youth by building a global network in which American Indian and Alaska Native youth can share and exchange ideas, knowledge, resources, and support services. Basically, we want to help Urban Native youth in their cultural, spiritual, and physical health journeys by providing resources and helping to develop resiliency tactics.

Our first major event as a council is our Youth Convening. Here, we will introduce you to some of the campaigns we have coming up. These campaigns are designed BY Native youth FOR Native youth. They are aimed to help build a national network of support while simultaneously showing Native youth that you are not alone, our culture is the armor that protects us, and to embrace your indigeneity.

If you are looking to hear how you can be a part of this national network, join us on August 6 from 3pm - 5pm. Sign up at <a href="https://www.ncuih.org/youth-convening">https://www.ncuih.org/youth-convening</a>.

Anushiik (Thank you)!

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