NCUIH Technical Assistance and Research Center Presents at American Indian and Alaska Native National Behavioral Health Conference

Category: News

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Albuquerque, NM (May 16, 2019) - Today, Dr. Kimberly Fowler, Director, and Sebouh Kouyoumjian, Public Health Associate, from the National Council of Urban Indian Health's Technical Assistance and Research Center presented at the 2019 American Indian and Alaska Native National Behavioral Health Conference.

The presentation titled, "National Council of Urban Indian Health – National Urban Indian Youth & Young Adult Advisory Council: Suicide & Substance Abuse & Misuse Prevention" was a part of the <u>Behavioral Health Poster Session</u>. The 2019 American Indian and Alaska Native National Behavioral Health Conference at the Albuquerque Convention Center in Albuquerque, New Mexico is hosted by National Indian Health Board (NIHB).

The poster presentation addressed best practices and highlighted achievements of NCUIH's inaugural Youth Council. It discussed their journey from their initial orientation to developing a national suicide prevention awareness campaign. The campaign will be released via social media in the coming weeks. The Youth Council consists of 5 young adults chosen from 18-24 year old applicants recruited from across the nation. Members were trained on topics including trauma-informed care, positive mental health and emotional wellness best practices, and effective communication with peers designed to assist youth impacted by stressful events and environments.

View a PDF of the poster here.